



Here is a checklist to use as a guide to help you develop a SunSmart policy.

SunSmart Checklist for Kindergartens & Early Childhood Centres

SunSmart Checklist for _____

1. Is hat wearing enforced at your centre?

- A. Yes - enforced
- B. No - not enforced but encouraged
- C. No - neither enforced nor encouraged

2. What types of hats do your students wear?

- A. Broad-brimmed hats (at least 7.5 cm brim)
- B. Legionnaire hats (caps with flaps)
- C. Bucket hats (at least 6 cm brim and a deep crown)
- D. Any hat

Other Please specify

3. What are the consequences for a child not wearing a hat when outside?

- A. They must play in the shade or indoors
- B. They must wear a hat from the spare hat provision
- C. No restriction or consequence

4. Does your centre encourage teachers/staff to wear broad brimmed, bucket or legionnaire hats during centre outdoor activities between September and April 4?

- A. Yes
- B. No

5. Does your centre encourage children to wear clothing that protects the skin from the sun (e.g. with sleeves and collars)?

- A. Yes
- B. No

6. What happens at your centre regarding the use of sunscreen?

- A. Sunscreen is available for all children at the centre
- B. Sunscreen is available for children's use on specific occasions,
- C. Parents are encouraged to provide sunscreen
- D. Time is given for the application of sunscreen before lunch break
- E. Sunscreen is not supplied

7. What type of sunscreen does your centre provide or encourage parents to provide?

- A. SPF 30+

Other please specify

8. Does your centre frequently publicise and reinforce the sun protection message between September and April, for example, through newsletters, parent meetings, and other activities?

- A. Yes
- B. No

9. Which of the following are parents/ caregivers told about your sun protection policy at enrolment?

- A. Requirement for children to wear hats when outside
- B. Encouragement for children to wear clothing that protects the skin from the sun
- C. Encouragement to supply their children with sunscreen
- D. Encouragement for adults to practise sun protection behaviours when involved with the centre
- E. Information about sun protection is provided in the Centre prospectus
- F. No information is given

10. Does your centre incorporate sun protection education and activities between September and April?

- A. Yes
- B. No

11. How is sun protection education incorporated into your centre's curriculum?

- A. teachers are primarily responsible
- B. We use parent meetings to encourage sun protection behaviour
- C. We have whole centre activities such as SunSmart days, tree-planting etc

Other Please specify

12. Does your centre have adequate educational resources to teach about sun protection?

- A. We have all the resources we need to teach sun protection effectively
- B. We know we can get the resources we need easily
- C. We would use more resources if they were available
- D. We have no resources for teaching about sun protection.

13. Has your centre reviewed the shade available for use within the last year?

- A. Yes
- B. No

14. Considering trees, covered or sheltered areas and portable shade, please describe the situation at your centre in respect to shade?

- A. Inadequate shade for students to use for any activity
- B. Some useful shade but insufficient for most activities
- C. Sufficient shade for most students to sit under shade while involved in passive activity. E.g. eating lunch, outdoor classroom activities etc.
- D. Substantial shade available for both passive and active activities.

15. Does your centre have plans for increasing shade in the future?

- A. We have definite plans to increase shade within the next 3 years
- B. Shade is not currently a priority area
- C. Increasing shade poses funding concerns for our centre
- D. Sufficient shade available for passive and/or active activity (answered C or D to question 15 above).

16. What does your centre do to minimise the time spent outside between 10am - 4pm between September to April?

- A. Outdoor excursions are scheduled early in the day where possible
- B. Lunch is eaten inside or in shaded areas
- C. Children are allowed to stay indoors on fine days
- D. Teachers are requested to use shade for outdoor classes after 11am

Other Please specify

17. Does your centre have a written sun protection policy?

- A. Yes
- B. No

18. Does your centre regularly assess the sun protection behaviour, shade provision, and curriculum emphasis on sun protection?

- A. Yes
- B. No

19. Is the sun protection policy reviewed regularly?

- A. Yes, policy is reviewed each year
- B. Yes the policy is reviewed every three years
- C. Yes, policy less than a year old, but has provision for review each year
- D. No
- E. N/A, policy not developed yet

20. Who was involved in the development of the policy?

- A. Head Teacher
- B. Teachers
- C. Parents/caregivers
- D. The Cancer Society of New Zealand
- E. N/A, policy not developed yet